

You are invited to attend

SOUND ADVICE ON HEARING HEALTH



Duration	4 weeks
Cost	Free
	Small groups via Zoom
Time	Morning and afternoon sessions available
	Please contact us for details
Registration	Anna McIntosh 1-866-518-0000 x 4080 amcintosh@chs.ca

These sessions will increase your knowledge on hearing heath and communication. The program is designed to accommodate your input and meet your need for peer support and social interaction. The program goal is to improve communication, increase confidence and decrease isolation. The series is for people aged 55 plus who have suspected or confirmed hearing loss.

Topics include:

- Hearing Health
- Communication Strategies and Coping with Difficult Listening Situations
- Social Isolation
- Communication Devices and Hearing Aids
- And much more...

