

Adult Day Program

Caring and compassionate staff and volunteers lead programming.

Five locations across CKL offering integrated program:

Bobcaygeon

Monday, Wednesday, Friday

Fenelon Falls

Monday, Tuesday, Friday

Omeme

Monday, Thursday

Lindsay

Monday through Friday

Little Britain

Tuesday

One Location offering dementia-specific programming:

Lindsay

Tuesday, Wednesday

Offering Activation, Social Interaction, Caregiver Respite

A range of social, physical and recreational activities designed to meet the needs of each client is provided in Community Care's adult day centres. Located in communities across the City of Kawartha Lakes, adult day centres offer activation, socialization, and safe environments with trained staff and volunteers.

The service promotes healthy lifestyle through social interaction, nutrition and physical activity. Assistance with personal care such as

mobility and toileting is also provided.

Clients can participate in age and capacity appropriate activities. Adult Day activities include crafts, exercises, games, music, discussion groups and special guests.

While beneficial for clients, the Adult Day program also provides respite for caregivers.

Potential clients receive a comprehensive health assessment from the Central East Community Care Access Centre and



an annual reassessment by CCCKL staff. Following referral from the CCAC further consultation is undertaken with clients and caregivers to develop individualized service plans.

About our clients

Five of our Adult Day locations offer Integrated programming for seniors and people with special needs, including dementia and other

cognitive conditions, and physical disabilities. There is a range of age groups and a mix of male and female.

One location offers

programming specifically for individuals with dementia.

**For information call
705-324-7323 or visit
www.ccckl.ca**

Special points of interest:

- Referrals through Community Care Access Centre
- Variety of programming geared to interests of clients
- Outings and seasonal activities
- Programming
8:30 a.m. to 3:30 p.m.
- \$17 or \$19 per day includes lunch and snacks
- First visit free
- Transportation can be arranged for additional cost